

DESTINY OF SUCCESS®

THE PRAYER COLLECTION

A Prayer of

Release *and* Surrender

A Guided Prayer for Placing Fear, Control, Old
Expectations, and Completed Seasons in God's Hands

Speak Life. Believe Bigger. Walk in Purpose.

AN INVITATION TO SURRENDER



“casting all your cares [all your anxieties, all your worries, and all your concerns, once and for all] on Him, for He cares about you [with deepest affection, and watches over you very carefully].”

1 PETER 5:7

AMPLIFIED BIBLE

With open hands.

Surrender is not passivity or denial. It is the honest practice of releasing what you cannot control while remaining responsible for the choices that are yours. Move through this prayer slowly and name what you are placing in God's hands.

Father, I open my hands before You. I confess how tightly I have held outcomes, timelines, relationships, and expectations. Control has promised safety, but it has not given me peace.

I bring You the fear beneath my need to manage everything. I name the possibility I have been rehearsing and the disappointment I am trying to prevent. Remind me that releasing an outcome is not the same as refusing wise action.

I surrender old expectations about how my life should look by now. I grieve what did not happen, what changed, and what has completed. Help me honor what was without making it the only shape my future is allowed to take.

I release relationships and roles that have reached their end. Where repair is possible and wise, give me humility. Where a boundary or goodbye is necessary, give me courage and compassion. Free me from guilt that belongs to shame rather than conviction.

I place other people's choices in Your hands. Keep me from manipulation, rescuing, and trying to secure an outcome through pressure. Teach me to love without taking Your place in someone else's life.

Make room in me for trust. Show me the actions that remain mine: telling the truth, making amends, seeking help, setting a boundary, resting, or taking the next step. I release the rest to You and receive peace for this present moment. Amen.



Release what you hold.

RELEASE INVENTORY

List what you are holding under these headings: outcomes, timelines, relationships, roles, expectations, regrets, and fears.

WHAT AM I PLACING IN GOD'S HANDS?

Choose one item from your inventory. Write what control has cost you, what responsible action remains yours, and a sentence of release.

CLOSING CONFESSION

I release what I cannot control and accept responsibility for what is mine. I place outcomes, old expectations, and completed seasons in God's hands. I can move forward with open hands, honest grief, and growing trust.

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