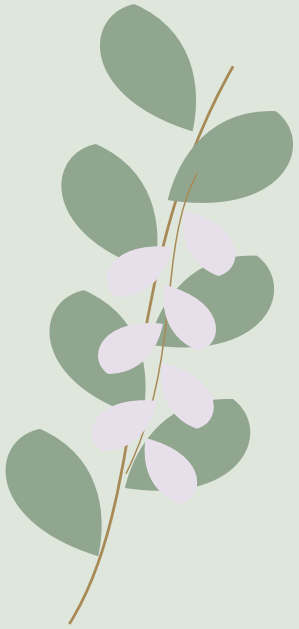
15 SCRIPTURE-BASED CONFESSIONS

Confessions for

Waiting & Transition



Trust God in the in-between.
Honor what was. Welcome what is next.

ANCHORED IN SCRIPTURE

“But those who wait for the Lord [who expect, look for, and hope in Him] Will gain new strength and renew their power; They will lift up their wings [and rise up close to God] like eagles [rising toward the sun]; They will run and not become weary, They will walk and not grow tired.”

ISAIAH 40:31 | AMPLIFIED BIBLE

A faith-filled invitation to trust God between seasons.

Held in the in-between

God remains faithful as familiar seasons change.

Waiting does not require pretending that uncertainty is easy. Remain present with God, release false deadlines, and practice faithfulness before the whole path is visible.

01

WAIT WITH HOPE

I wait with hope, not because I understand the timing, but because God’s character remains trustworthy.

Isaiah 40:31 AMP

02

HELD THROUGH CHANGE

This transition does not erase my identity. I remain held by God while familiar roles and rhythms change.

Hebrews 13:8 AMP

03

STRENGTHENED IN THE WAITING

I release the belief that waiting means nothing is happening. God can strengthen, clarify, and prepare me here.

James 1:2–4 AMP

04

RELEASE THE FINISHED SEASON

I do not have to drag a completed season into the next one. I can honor what was and release what is finished.

Ecclesiastes 3:1 AMP

05

TRUST HIS PRESENCE

God’s presence goes with me on unfamiliar paths. I can move without having every detail in advance.

Exodus 33:14 AMP

Wait with intention

Choose patience, wisdom, and courage for the next step.

Pause. Speak with intention. Put the Word into practice.

06

CHOOSE PRAYERFUL PATIENCE

I will not force a door out of panic. I choose prayerful patience and wise action.

Psalm 37:7 AMP

07

HONOR YOUR PACE

My pace is not proof of my worth. I release comparison and attend to the work God has placed before me.

Galatians 6:4–5 AMP

08

MAKE ROOM FOR NEW MERCY

I can grieve change and still remain open to new mercy.

Lamentations 3:22–23 AMP

09

TAKE THE NEXT FAITHFUL STEP

I have courage for the next faithful step, even when the entire road is not visible.

Psalm 119:105 AMP

10

LET PEACE GUIDE YOU

Delay will not make fear my counselor. I seek wisdom and let peace help govern my decisions.

Colossians 3:15 AMP

Trust what comes next

Live faithfully today while the future is still unfolding.

Pause. Speak with intention. Put the Word into practice.

11

BEGIN WITH HUMILITY

I am allowed to begin again with humility. New beginnings do not require instant mastery.

Zechariah 4:10 AMP

12

GROW THROUGH THIS SEASON

God can use this season to deepen endurance, wisdom, and dependence on Him.

Romans 5:3–5 AMP

13

RELEASE FALSE DEADLINES

I release self-imposed deadlines that God did not give me.

Psalm 31:15 AMP

14

BE FAITHFUL TODAY

I will remain attentive to today’s assignment instead of living only for a future outcome.

Matthew 6:34 AMP

15

TRUST HIM WITH THE UNKNOWN

The unknown does not outrank God’s faithfulness. I can trust Him one day and one decision at a time.

Proverbs 3:5–6 AMP

Release. Trust. Begin.

Let hope take root as you move between seasons.

01 / WHAT IS THIS SEASON PRODUCING IN ME?

What has ended, what remains uncertain, and what qualities may be developing in you? Name one thing to grieve, one thing to release, and one thing to welcome.

02 / YOUR FAITHFUL NEXT STEP

Write the smallest honest action available to you now. Make it specific, peaceful, and possible within the next seven days.

MY CLOSING CONFESSION

My waiting is not empty, and my transition is not outside God’s care. I release false deadlines, honor what has ended, and remain open to the grace available today. I will take the next faithful step without demanding the whole map.

Confessions are personal statements inspired by the cited passages; they are not direct Scripture quotations.

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